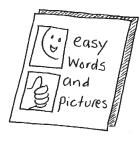


# Sexual Health Services In Birmingham Consultation Document

## Wednesday 9th October – Monday 9th December 2013

Sexual Health Services In Birmingham



This leaflet is easy to read.



Over 1 Million people live in Birmingham.



Birmingham has lots of different people in the city.



Lots of people do not have enough money and live in poor areas.



Birmingham is a city with lots of young people.



Mostly people have sex for fun and to show their feelings for each other.



Sometimes people want to have a baby and sometimes they don't. If they don't, they need contraception such as 'the pill' or injections.



Some people have a baby when they didn't plan to.



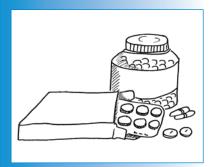
Some people catch infections when they have sex. Or think they might have done. They need to be tested and given medicine if they have an infection.



We know there are lots of people who need these Sexual Health Services. There are more every year.



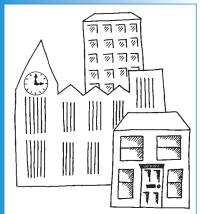
Some services help people who catch sexual infections. They carry out tests and give medicine to make them better.



Most sexual infections can be cured. HIV can't be cured but it can be treated with the right medicine. People can keep well even though they have HIV if they have the right treatment.



Some people have HIV but don't find out until they have had it for quite a long time. This means they are sicker for longer than they need to be. It also means that they need more treatment to keep well.



## What we do now.

There are sexual health clinics in the city centre.



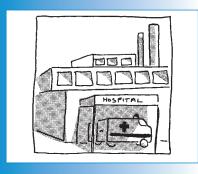
Some clinics can only help with contraception.



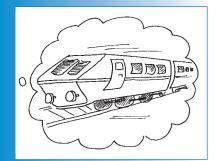
Some clinics can only help with sexual infections.



Some clinics do both at once, if people need it.



These clinics are run by two of the big Birmingham Hospitals.



Anyone can go to these clinics. Lots of people who don't live in Birmingham go to these clinics.



One clinic is especially for young people under the age of 25, which is run by a national charity.



Some family doctors (GPs) and nurses can also help people with sexual health services.



Some people like to go to their family doctor for sexual health services because they know them already.



Some people prefer to go to the sexual health clinics because they think it is more private, as no-one knows them.



There are some services which help people who have HIV. These don't give treatment, only social support such as with housing.



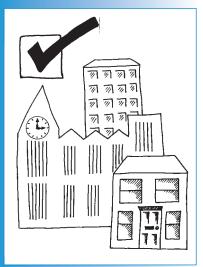
We do not do enough to help people from smaller groups like Transgender and people who are not British.



## What we want to change.

We still want to help people who need sexual health services.

We want one simple system where everyone works together better.



We want three main clinics – one in the centre of the city, one to the north of the centre and one in the south.



We want these clinics to provide contraception and test and treat sexual infections all at the same time.



This means that people won't have to go to separate clinics or make separate appointments. People can get what they need in one place, and in one visit.



We want family doctors and community services to provide more sexual health services.



We want to try to help people not to need to keep going for testing and treatment of sexual infections again and again.



We want to help people who get pregnant without meaning to so that it doesn't happen again.



We want to look after people who are at risk of being hurt by others.

### How can you take part in this consultation?

We want to know what you think of our plan to make sexual health services better.

Please return the questionnaire to the address below, you do not need to use a stamp.

### Please tell us what you think:

Website: www.birminghambeheard.org.uk/

Email: birminghamsexualhealth@birmingham.gov.uk

Write to: Sexual Health Consultation

Freepost RSYS-HKBC-XBLA

PO Box 16465 Birmingham

**B2 2DG** 

Please note that you do not need to use a stamp.

The pictures in this leaflet have been provided by **CHANGE**.

Website: www.changepeople.co.uk