

# My Life

# My Birmingham

## Guidance Notes for practitioners

### What is My Life, My Birmingham?

The Children's Society is working with Birmingham City Council to bring the voice of children and communities central to the council's decision making.

This anonymous 'My life, My Birmingham' worksheet has been designed to gather the views of children and young people. We want to know how they feel about their lives, their city and their future and give them an opportunity to share their thoughts, opinions and stories.

### How to use the worksheet:

The My Life, My Birmingham worksheet is for children and young people up to the age of 18.

The simplest way for children and young people in your group to complete the worksheets is individually, supported by a practitioner if needed.

The worksheet can be used in a variety of creative ways however, and we want it to be accessible for your group. You may wish to discuss the questions as a group, using games and activities to encourage the children and young people to share their thoughts. If this is the case, please summarise key themes and quotes from them under the relevant questions on the worksheet and return to us.

Whichever way you are completing the worksheets, we ask that practitioners complete the group details form on the next page and attach it to the worksheets you return.

We also ask practitioners to please review the forms for any safeguarding concerns that the children and young people you work with may have disclosed.

**All worksheets should be returned to us by 27 June, 2014.**

The worksheet has been produced so that it can be easily printed off either double or single sided. If printing the worksheets is difficult for you however, we can arrange to send you as many printed copies as you need. If you are not able to post them back to us we can arrange to collect them. In both cases, please contact: [Yen-Lea.Tang@childrenssociety.org.uk](mailto:Yen-Lea.Tang@childrenssociety.org.uk)  
**Tel: 0121 212 5599.**

### Where will the information go?

The findings from My life, My Birmingham will be published in July 2014. They will feed into **The Birmingham Commission for Children** - an independent group of experts brought together by The Children's Society to explore children's lives and well-being in the city. The commissioners will hear from children, parents, communities and leaders from Birmingham and will present their final report to Birmingham City Council in September 2014.



## Groups

Thank you for completing the My Life, My Birmingham activity with your group! To help us analyse our overall findings, please complete the following information;

**Name of your group / organisation:**

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**Lead professional completing the activity:**

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**Profile of your group:** (Please provide: Number of participants, age ranges, needs and abilities.)

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**More comments or feedback from the session:** (Continue on a separate sheet if necessary.)

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Please post this form together with all of your group's worksheets to:

**My Life, My Birmingham**  
**The Children's Society in the West Midlands**  
**Unit 501FB**  
**The Big Peg**  
**120 Vyse Street**  
**The Jewellery Quarter**  
**Birmingham**  
**B18 6NE**

**Thank you for supporting us - we hope the activity sheets are both fun and insightful for you and your group!**  
**Don't forget to return the form and worksheets by 27 June, 2014.**