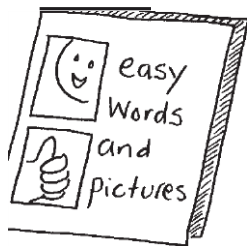


An easy guide to

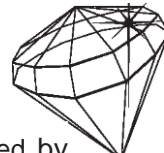


BIRMINGHAM Shared Lives



This leaflet is easy to read.

**Crystal
Mark
16650**



Clarity approved by
Plain English Campaign



What is Birmingham Shared Lives?

Birmingham Shared Lives used to be called the Birmingham Adult Placement Service. We can provide the following.

- Long-term accommodation with care and support.
- Short-term accommodation with care and support. This is called respite support.



Who is the service for?

We provide a home for people aged 18 and over, who have a disability and for older adults with care needs.



How will my Shared Lives carer support me?

Your Shared Lives carer will support you with:

- personal care, like washing and dressing;
- handling your money; and
- taking part in activities (for example, going shopping or going out for a meal)

You will be living with your carer in a family setting.

Your carer will offer you support and help with whatever you need. You will have your own bedroom, and will share the rest of the house.

Your carer will support you with activities you want to do or learn in the house such as:

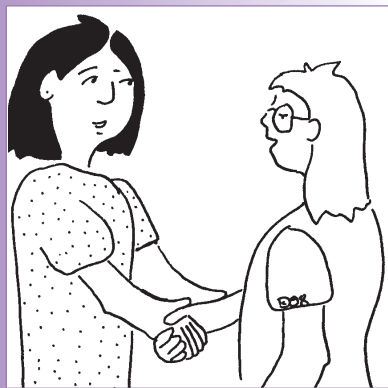
- washing;
- ironing;
- cooking;
- relaxing; and
- listening to music.

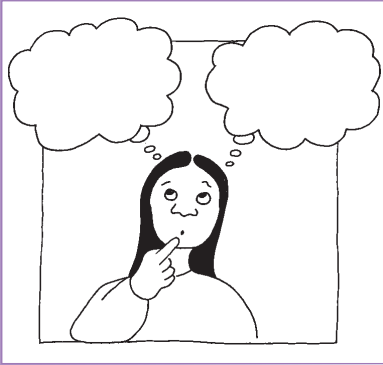
Your carer can also support you in the community to do what you want.

For example, they can help you to:

- go swimming;
- go to the cinema; and
- go to the library.

You can have a front door key if you want one.





How do I know I will like my carer?

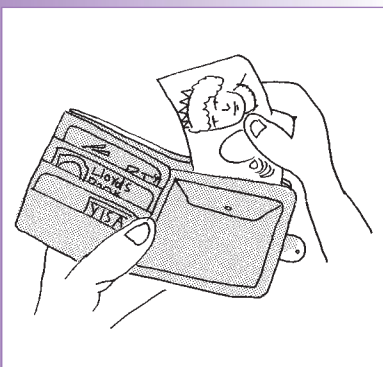
Matching you with the right carer is very important. Everyone is different, so we will talk to you to find out the things that are important to you. Then we will try and find a carer to suit you.

We will arrange for you to spend some time with your carer before you move in.



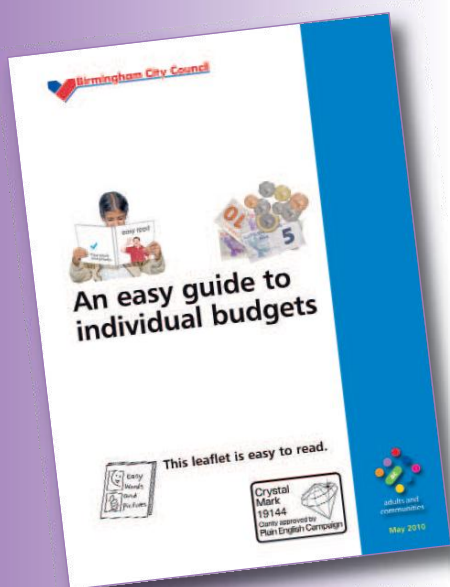
Do I have to pay?

There is a charge for using our service. The amount you will have to pay will depend on the sort of care you want to have. You will have to pay a different amount for long-term accommodation and short-term accommodation.



How do I pay?

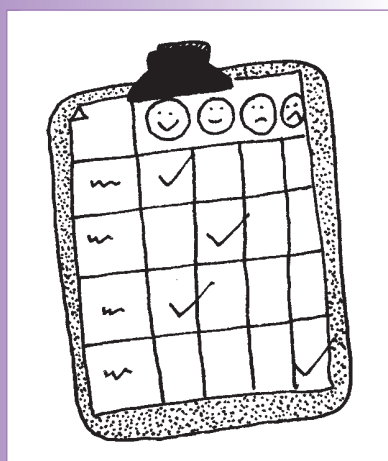
If you get money from Birmingham City Council to pay for your care, you can use your '**individual budget**' to pay our charge. An individual budget is money the council can give you if you have had an assessment that shows you need social care support.



You can find more information about this in the leaflet 'An easy guide to an individual budget'. If you would like a copy of this leaflet, please phone 0121 464 3123.

If the council does not give you money to pay for your care, you can use your own money.

If you have the money to pay for our services, please contact us direct on 0121 464 3164.



How is the service regulated?

We are regulated by the Care Quality Commission (CQC). Our service meets the regulations in the Health and Social Care Act 2008.

This means our service is checked to make sure we are doing things properly.

How do I find out more about Birmingham Shared Lives?

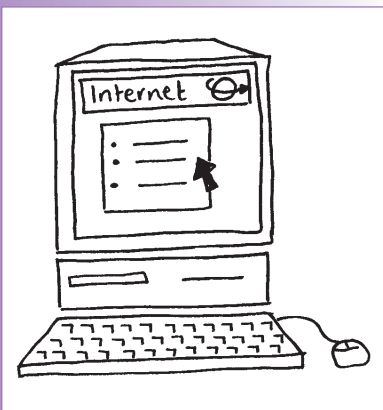
If you think this service could be for you and you would like more information please contact us.



Birmingham Shared Lives
Level 1 Zone 9
10 Woodcock Street
Aston
Birmingham
B7 4BL

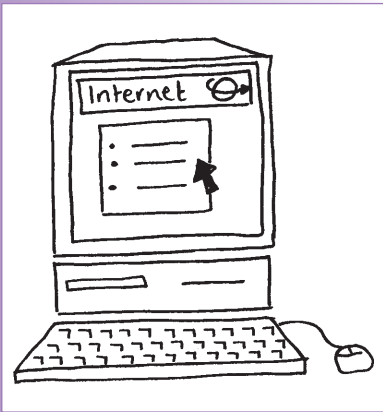


Phone: 0121 464 3164



Email: sharedlives@birmingham.gov.uk

Website: www.birmingham.gov.uk/sharedlives



Useful websites

Shared Lives Plus

Information about Shared Lives schemes across the country

Website: www.sharedlivesplus.org.uk

Care Quality Commission

This is the independent regulator of health and social care in England

Website: www.cqc.org.uk



Your right to be heard

If you have any comments, compliments or complaints, please contact us.

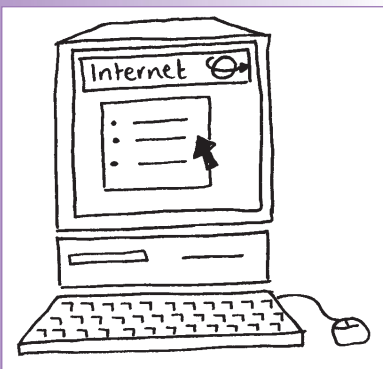
Customer Care and Citizen Involvement Team
Directorate for People
Birmingham City Council
PO Box 16465
Birmingham
B2 2DG

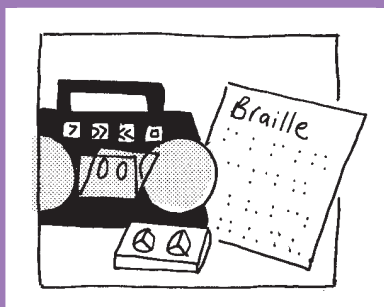


Phone: 0121 303 5161
(option 1)

Email:
CustomerCareTeam@birmingham.gov.uk

Website:
www.birmingham.gov.uk/adultcustomercare

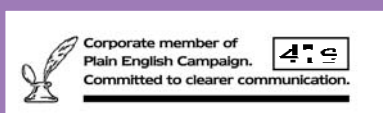




If you would like a copy of this leaflet in another language, in large print, in Braille or on audio tape, MP3 or CD, please phone us on **0121 464 3123** or email **ACCommunications@birmingham.gov.uk**

The pictures in this leaflet have been provided by CHANGE.

Website: www.changepeople.co.uk



SharedLivesPlus
THE UK NETWORK FOR SMALL COMMUNITY SERVICES

We are registered with the Care Quality Commission (CQC)
We are members of Shared Lives Plus