



BIRMINGHAM CARERS VISION AND COMMISSIONING STRATEGY 2018+

# Overview

## Easy Read Version



**“ENABLING A  
LIFE ALONGSIDE  
CARING.”**



BIRMINGHAM  
CHILDREN'S TRUST



## BIRMINGHAM CARERS VISION AND COMMISSIONING STRATEGY 2018+



Birmingham City Council's (BCC) Adult Social Care and Health directorate, Clinical Commissioning Group for the National Health Service and Birmingham Children's Trust are developing a joint vision and commissioning strategy for carers in the city.



A carer is someone who looks after a relative or friend who is ill, has a physical, sensory or mental impairment, is older and frail or is affected by substance misuse.



A carer may be a parent, spouse or partner, son or daughter, another relative or a friend or neighbour.



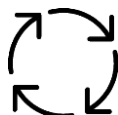
A carer may be providing practical care, emotional support and encouragement or in many cases both.



Carers make a critical contribution to those they care for and also to the sustainability of the health and social care system.



It has already been established that most people are likely to be affected by, or have caring responsibilities at some stage in their lives.



This strategy will take a whole life approach to reduce the impact of the transition between different ages and stages of life.



We want to ensure that people get the right type and level of support at the right time.



The strategy is designed to recognise the importance of promoting positive health and wellbeing with and for carers including self-care and self-management in everyday life.



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Until recently, the commissioning of services in Birmingham for carers has sometimes been delivered separately by both the local authority and health partners.



This strategy provides an opportunity to set out an joined up approach for the future which meets the needs of carers and provides carers with better outcomes for their own health and wellbeing.



### Why we are consulting?



We would like to know what is important to you and what you think we need to include in our strategy.



This is the first step in seeking the views of carers across Birmingham.



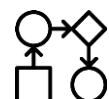
If you are a **young carer** please complete the **young carer survey**.



If you are an **adult carer** please complete the **adult carer survey**.



### What will happen to your responses?



Your responses will be used solely for this consultation and to inform the development of the strategy.



All responses will be kept confidential and any comments used will be kept anonymous and individuals will not be identified.



# Data Protection Act 1998

The personal information will be kept safe.

Your information is protected by law.

You can see more information about data protection on our website at:



[www.birmingham.gov.uk/privacy](http://www.birmingham.gov.uk/privacy)

 The consultation begins on:

**Tuesday 7<sup>th</sup> August**

and will end on

**Tuesday 11<sup>th</sup> September.**