Young Carers Consultation Document
Easy Read Version

“ENABLING A LIFE ALONGSIDE CARING.”
Young Carers Consultation Questions.

Please tick your answers below.

Question 1 - Recognising and respecting young carers.

- I know I am a carer
- I am able to recognise my own needs
- My school knows and sees that I am a carer
- My school appreciates what I do as a carer and supports me
- Other people appreciate what I do as a carer
- I am asked and involved in the support and care of the person I care for
- I have choices about the support I receive
- I know where I can get help from to support me as a carer
Please tick your answers below.

Question 2 – What help and support would you like?

- The chance to spend more time with my friends
- The chance to meet other young carers
- Social activities
- Residential activities
- To have a break if I need it
- Ideas to spend time with the person I care for
- To have someone to talk to
- Someone to help with sorting out difficulties at home
- Support to manage stressful situations
- Someone to help with sorting out issues at school
- Help with homework
Please tick your answers below.

Question 3 - How would you like to get support?

☐ One-to-one support
☐ Support from other young carers
☐ Group activities or support
☐ Meeting face to face with a support worker
☐ Support worker visiting you and your family at home
☐ On-line support, e.g. one-to-one support & advice, forums or chat rooms
Please tick your answers below.

Question 4 – What support would you like to help with the transition from being a young to adult carer?

- To know what I am entitled to as an adult carer
- To know what support is available to me
- Someone to help me with accessing the right services
- To know where to go for education and training
- To be able to meet up with carers similar to my age
- Support to help me manage my own life aspirations, alongside my caring role.

‘Aspiration’ means to aim to do or achieve something.

‘Transition’ means to change from one thing to another.
Please tick your answers below.

Question 5 – How would you like to be supported once you are 18 years old?

☐ In a central place that can tell me:
  - where I can get support from
  - and helps me access services for adults

☐ The young carers service continues to support me between 18 – 25 years of age

☐ A separate service for carers between 18 – 25 years of age
Thank you for taking the time to complete this questionnaire.

Please return this questionnaire to the **FREE** postal address below – you do not need to use a stamp.

If you have any further comments or views on the new Carers vision and commissioning please contact:

**Website:** www.birminghambeheard.org.uk

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Write to and return address for questionnaire:

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