

Young Carers **Consultation Document Easy Read Version**

"ENABLING A IFE ALONGSIDE CARING."





Birmingham City Council

DREN'S TRUST

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Young Carers Consultation Questions.

Please tick your answers below.

? Question 1 - Recognising and respecting young carers.

I know I am a carer
I am able to recognise my own needs
My school knows and sees that I am a carer
My school appreciates what I do as a carer and supports me
Other people appreciate what I do as a carer
I am asked and involved in the support and care of the person I care for
I have choices about the support I receive
I know where I can get help from to support me as a carer

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Question 2 – What help and support would you like?

The chance to spend more time with my friends
The chance to meet other young carers
Social activities
Residential activities
To have a break if I need it
Ideas to spend time with the person I care for
To have someone to talk to
Someone to help with sorting out difficulties at home
Support to manage stressful situations
Someone to help with sorting out issues at school
Help with homework





Please tick	your a	nswers	below.
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Question 3 - How would you like to get support?

One-to-one support

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- Support from other young carers
- Group activities or support
 - Meeting face to face with a support worker
- Support worker visiting you and your family at home

On-line support, e.g. one-to-one support & advice, forums or chat rooms





Please tick your answers below.

Question 4 – What support would you like to help with the transition from being a young to adult carer?

To know what I am entitled to as an adult carer
To know what support is available to me
Someone to help me with accessing the right services
To know where to go for education and training
To be able to meet up with carers similar to my age
Support to help me manage my own life aspirations, alongside my caring role.



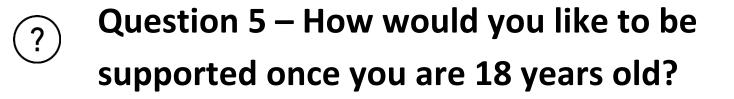
'Aspiration' means to aim to do or achieve something.

'Transition' means to change from one thing to another.

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) Please tick your answers below.



In a central place that can tell me:

- where I can get support from
- and helps me access services for adults

The young carers service continues to support me between 18 – 25 years of age

A separate service for carers between 18 – 25 years of age

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Thank you for taking the time to complete this questionnaire.



Please return this questionnaire to the **FREE** postal address below – you do not need to use a stamp.



If you have any further comments or views on the new Carers vision and commissioning please contact:



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Write to and return address for questionnaire:

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