



BIRMINGHAM CARERS VISION AND COMMISSIONING STRATEGY 2018+

Young Carers Consultation Document Easy Read Version



“ENABLING A
LIFE ALONGSIDE
CARING.”



Birmingham
City Council



BIRMINGHAM
CHILDREN'S TRUST



Young Carers Consultation Questions.



Please tick your answers below.



Question 1 - Recognising and respecting young carers.

- I know I am a carer
- I am able to recognise my own needs
- My school knows and sees that I am a carer
- My school appreciates what I do as a carer and supports me
- Other people appreciate what I do as a carer
- I am asked and involved in the support and care of the person I care for
- I have choices about the support I receive
- I know where I can get help from to support me as a carer



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Please tick your answers below.



Question 2 – What help and support would you like?

The chance to spend more time with my friends

The chance to meet other young carers

Social activities

Residential activities

To have a break if I need it

Ideas to spend time with the person I care for

To have someone to talk to

Someone to help with sorting out difficulties at home

Support to manage stressful situations

Someone to help with sorting out issues at school

Help with homework



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Please tick your answers below.



Question 3 - How would you like to get support?

One-to-one support

Support from other young carers

Group activities or support

Meeting face to face with a support worker

Support worker visiting you and your family at home

On-line support, e.g. one-to-one support & advice, forums or chat rooms



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Please tick your answers below.



Question 4 – What support would you like to help with the transition from being a young to adult carer?

To know what I am entitled to as an adult carer

To know what support is available to me

Someone to help me with accessing the right services

To know where to go for education and training

To be able to meet up with carers similar to my age

Support to help me manage my own life aspirations, alongside my caring role.



‘Aspiration’ means to aim to do or achieve something.



‘Transition’ means to change from one thing to another.



Please tick your answers below.



Question 5 – How would you like to be supported once you are 18 years old?

In a central place that can tell me:

- where I can get support from
- and helps me access services for adults

The young carers service continues to support me between 18 – 25 years of age

A separate service for carers between 18 – 25 years of age



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Thank you for taking the time to complete this questionnaire.



Please return this questionnaire to the **FREE** postal address below – you do not need to use a stamp.



If you have any further comments or views on the new Carers vision and commissioning please contact:



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Write to and return address for questionnaire:

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