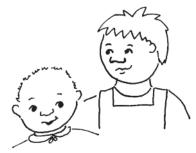


## School Health Advisory Service in Birmingham CONSULTATION DOCUMENT

#### 8th December 2014 - 6th February 2015







Easier to understand consultation document

## 1. Why do we need a School Health Advisory Service?

We want children to grow up to be happy and healthy.

Children who go to school regularly are usually healthier when they grow up.

Some children can't go to school regularly because of illness. But with help they may be able to go to school more often.

The School Health Advisory Service will help children and young people to improve their health so they can join in lessons and school activities.

Some children in Birmingham go to special schools. Our ideas for the School Health Advisory Service do not apply to special schools as they are helped by a separate team of nurses.

## 2. Why do we want to make changes to the service?

There are some schools that do not get regular help at the moment. We want these schools to have more help.

Some children and young people may prefer to talk about their health worries at other places than at school. They may also prefer to talk about their health worries outside of school hours. We need to make sure the service helps these children

We want to make sure we have a good service for the money we are spending.



#### 3. We think the School Health Advisory Service should do the following important things

- Help children who have health problems to go to school
- Find out about health problems early on
- Give help early on to children who have health problems
- Help children who may not feel safe. This is called safeguarding
- Help children who may need special help.
  For example, children who are excluded from school, children who have lessons at home, young carers and children in care
- Help children to be a healthy weight
- Help children with emotional problems, for example, when feeling sad
- Help children who may have a problem with drugs, alcohol or smoking
- Help children with relationships, including sexual health. This is to make sure they are safe, don't have a baby unless they want to, and stay healthy and well

## Do you think the service should do these things?

Please tell us what other things the School Health Advisory Service should do





#### 4. How we want to make the School Health Advisory Service better

The service will work with teachers and health staff to find children and young people who may have health or emotional problems.

The School Health Advisor may do an assessment to find out more about the health or emotional problem. The School Health Advisor can then put together a plan to help the child or young person.

Is there anything else that could help the School Health Advisor to find children who are not going to school because of health problems?



Some children and young people may not want to talk about their health worries to someone in school. They may prefer to talk to someone outside of school. To help them, we want health advice to be provided from other places than schools, for example in children's centres. And we want the service to provide health advice outside of school hours.

Do you think it is a good idea if the School Health Advisor sees children out of school hours and in other places than school? We think that young people in secondary school will want to be helped by the service in a different way from children in primary school.

# Do you think it is a good idea to provide a different service for primary schools and secondary schools?

There are some children in Birmingham who are not in school. Some children may have lessons at home. Some children may have been excluded from school. We want the children who are not in school to be healthy. We want to have a team to help these children.

#### Do you like our idea of a team that will help children who are not usually in school?

We want to make sure that when children have health worries they are asked the right questions about them. They will then get the best type of help. Sometimes there may be more than one service helping a family. We want to make sure the services have the information they need to give the family the best help.

Do you think families would be happy to share information with different services?



The School Health Advisor will work with lots of different people to make sure children and young people get the help they need. This includes working with teachers, doctors, nurses and those in specialist services such as speech therapy.

What other groups need to work with the School Health Advisor?

## 5. How we will know that we have made a difference

We will measure how well the School Health Advisory Service is doing. We will then know that it is making a difference to children and young people.

Is there anything else you want to tell us about our ideas?



## 6. We want to know what you think of our ideas

There are several ways you can tell us what you think:

Website: www.birminghambeheard.org.uk

Twitter: @healthybrum #bshas

Email:

childrenhealthandwellbeing@birmingham.gov.uk

Return the questionnaire in the FREEPOST envelope provided.

Write to:

Birmingham Public Health PO Box 16732 Birmingham B2 2GF